

## EVENTS:

9:00 - 9:45 AM	Check in and pick up t-shirts and other purchased merchandise.
10:00 AM	Group picture.
10:10 AM	Start of ride
11:00 AM - 1:00 PM	After ride celebration (music, food, games, and more!)



Join the **Ride for Miles** at The Cleveland Museum of Natural History ([www.cmnh.org](http://www.cmnh.org)) on

Friday, September 23rd at 7:30 PM for an Explorer Series Lecture presented by Dr. Heidi Cullen, Director of Communications for Climate Central.

**Admission for RFM riders is \$5.**

Check registration confirmation for discount

**Donations and Sponsorships:** Please consider an extra donation to support Ride For Miles' mission of promoting, fostering and supporting bicycling safety, and of promoting increased environmental stewardship through education, research and outreach. Sponsors will be acknowledged in ride materials. Donations and sponsorships can be made either by credit card on-line via the registration form, or by check via the back side of this form. Ride For Miles is a 501 (c) (3) non profit organization and donations are tax deductible to the extent allowed by law.

**Your support has made this ride a tremendous success.** Please come and join us for the fourth Ride For Miles!



**WHEN:** Sunday, September 18, 2011, 10 AM

**WHAT:** A fifteen mile bike ride through University Heights, Shaker Heights, Beachwood, Pepper Pike, Gates Mills, and Mayfield Heights. It starts and ends at the Dolan Science Center, John Carroll University.

**WHY:** The event honors Miles Coburn, a beloved biology professor at John Carroll University. The lifelong Clevelander was an advocate for solutions to climate change. He was an avid cyclist, riding up to 5,000 miles per year. This event raises money to support environmental education and bicycle safety.

**SPECIAL FEATURES:** Scenic police-controlled route, colorful t-shirts, great refreshments and music before and after the ride.

**REGISTRATION:** \$25 pre-registration or \$28 on the day of the event (9:00 am - 9:45 am) . Registration fee includes ride t-shirt.

**MAIL REGISTRATION FORMS TO:**  
**RIDE FOR MILES**  
**22149 RYE ROAD**  
**SHAKER HEIGHTS, OHIO 44122**

For more information or to register online, go to:

[www.rideformiles.org](http://www.rideformiles.org)



## RIDE FOR MILES



A 15 MILE BIKE RIDE  
SEPTEMBER 18, 2011 10 AM  
DOLAN CENTER  
JOHN CARROLL UNIVERSITY  
[HTTP://WWW.RIDEFORMILES.ORG](http://WWW.RIDEFORMILES.ORG)

MILES COBURN  
ENVIRONMENTAL LECTURE:  
SEPTEMBER 23, 2011 7:30 PM  
HEIDI CULLEN, PH.D.

BROUGHT TO YOU IN CONJUNCTION  
WITH:

Cleveland Museum of  
NATURAL HISTORY





## Ride for Miles Bicycle Ride

[www.rideformiles.org](http://www.rideformiles.org)

Sunday, September 18, 2011

9:00 a.m. check-in, ride at 10:00 a.m.

### Registration Form (or register online)

NAME \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_  
First Initial Last

ADDRESS \_\_\_\_\_ BIRTHDATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
mo day yr

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE ( \_\_\_\_\_ ) \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_ (print clearly)

EMERGENCY CONTACT: Name \_\_\_\_\_ Phone \_\_\_\_\_

T-SHIRT SIZE: SM \_\_\_\_\_ MED \_\_\_\_\_ LG \_\_\_\_\_ XL \_\_\_\_\_ (T-shirt included in registration fee)

REGISTRATION FEE: \$25.00 in advance, \$28.00 day of event

ADDITIONAL DONATION: \_\_\_\_\_ (Ride For Miles is a 501(c)(3) non-profit organization).

SPONSORSHIP: \$100 \_\_\_\_\_ \$500 \_\_\_\_\_ \$1,000 \_\_\_\_\_ Other \_\_\_\_\_

ADDITIONAL T-SHIRT PURCHASES: \$15 EACH # \_\_\_\_\_ SIZE(S): \_\_\_\_\_

RIDE FOR MILES CYCLING JERSEY PURCHASES: \$50 EACH # \_\_\_\_\_ SIZE(S): \_\_\_\_\_

TOTAL ENCLOSED: \_\_\_\_\_ Please make checks payable to:

Ride For Miles  
22149 Rye Rd.  
Shaker Hts., OH 44122

#### Assumption of Risk and Release from Liability:

"I, the undersigned participant, intending to be legally bound, do hereby certify that I am physically fit and sufficiently trained for participation in this race. I acknowledge that I am aware of all the risks inherent in cycling, including possible permanent disability or death, and agree to assume all of those risks. In consideration of and as a condition of my participation in the Ride For Miles cycling event or any activities incident thereto, I, for myself, my heirs, executors and administrators, hereby waive, release, discharge and agree to hold harmless, Ride For Miles and its officers, volunteers and staff, HMA PROMOTIONS, John Carroll University and its officers, volunteers and employees, the cities of University Heights, Shaker Heights, Beachwood, Pepper Pike, Gates Mills and Mayfield Heights, and any additional hosts and sponsors, or their respective agents, representatives, and employees ("Released Parties") from any and all claims for losses, injuries and/or all consequential damages, including attorney fees, incurred as a result of my participation in any activities associated with Ride For Miles, whether these losses, injuries and/or consequential damages occur as a result of my sole and/or partial negligence and/or that of any of the Released Parties. I have read and understand the foregoing assumption of risk and release."

Signature \_\_\_\_\_ Date \_\_\_\_\_

**HELMETS ARE REQUIRED**